

ALLERGEN SHEET



Menu Item	Celery	Cereals containing Gluten	Crustaceans (Shellfish)	Eggs	Fish	Lupin	Milk	Molluscs (Shellfish)	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Main Course														
Southern fried chicken strips, new potatoes, vegetables & BBQ sauces.	✓	WHEAT												
Vegetarian strips, new potatoes, vegetables & BBQ saues.		WHEAT												
Chicken tikka, rice with nachos, salad & sweet chill ketchup.		WHEAT					✓		✓					
Vegetable rice with nachos, salad & sweet chill ketchup.														
Tomato and basil pasta, Garlic Bread & carrot Salad.		WHEAT					✓						✓	
Vegetable pasta, with Garlic Bread cheese and salad.		WHEAT					✓						✓	
Chicken tikka Panini, served with mixed salad and crisps.		WHEAT					✓		✓			✓	✓	
Cheese and tomato Panini, served with mixed salad and crisps.		WHEAT					✓		✓			√	✓	
Chilli con Carne, with rice and Nachos.		WHEAT												

	Celery	Cereals containing	Crustaceans (Shellfish)	Eggs	Fish	Lupin	A	Molluscs (Shellfish)		Nuts	Peanuts	Sesame seeds	Sova	Sulphur
Menu Item		Gluten			FISH	Lupin	V-80000	(Shellfish)	Mustard	133334	1000000000			Sulphur Dioxide
Mixed vegetable Chilli, with rice and Nachos.		WHEAT												
Vegetable Pilau, Naan Bread & Riata.		WHEAT					✓						✓	
Chicken Pilau rice and Naan bread.		WHEAT					√						✓	
Chicken Katsu, Basmati Rice and peas.	√	WHEAT							✓					
Stone Baked Margarita Pizza, Fries, ketchup & Mixed Salad.		✓					√		✓				√	
Battered fish, with new potatoes and peas.		WHEAT			✓									
Battered veg fingers, with new potatoes and peas.		WHEAT												
Mayo				✓					✓					
Desserts														
Cookies.		WHEAT		✓			✓						✓	
Cola Cake.		WHEAT		✓			✓							
Mini Muffin.		√ WHEAT		✓			✓							
Mini Doughnuts.		✓					✓							

Menu Item	Celery	Cereals containing Gluten WHEAT, OATS	Crustaceans (Shellfish)	Eggs	Fish	Lupin	Milk	Molluscs (Shellfish)	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rocky Road.		WHEAT		✓			✓							
Chocolate Brownie.		WHEAT		✓			✓							
Oat Biscuit.		√ WHEAT		✓			✓							
Jam sponge.				✓			✓							
Waffle		WHEAT		✓			✓						✓	
Primary Snack														
Hash Brown Bites.		√ WHEAT		✓			✓							
Cheese roll.		WHEAT					✓							
Biscuit selection.		WHEAT					✓						✓	
Waffle.		WHEAT		✓			✓						✓	
Soreen Loaf.		WHEAT					✓						✓	