



| Menu Item  |  Celery |  Cereals containing Gluten |  Crustaceans (Shellfish) |  Eggs |  Fish |  Lupin |  Milk |  Molluscs (Shellfish) |  Mustard |  Nuts |  Peanuts |  Sesame seeds |  Soya |  Sulphur Dioxide |
|--|--|---|---|---|--|---|--|--|---|--|---|--|--|---|
| Mixed vegetable Chilli, with rice and Nachos.              |  | ✓<br>WHEAT  |   |   |  |   |  |  |   |  |   |  |  |   |
| Vegetable Pilau, Naan Bread & Riata.                       |  | ✓<br>WHEAT  |   |   |  |   | ✓  |  |   |  |   |  | ✓  |   |
| Chicken Pilau rice and Naan bread.                         |  | ✓<br>WHEAT  |   |   |  |   | ✓  |  |   |  |   |  | ✓  |   |
| Chicken Katsu, Basmati Rice and peas.                      | ✓  | ✓<br>WHEAT  |   |   |  |   |  |  | ✓   |  |   |  |  |   |
| Stone Baked Margarita Pizza, Fries, ketchup & Mixed Salad. |  | ✓   |   |   |  |   | ✓  |  | ✓   |  |   |  | ✓  |   |
| Battered fish, with new potatoes and peas.                 |  | ✓<br>WHEAT  |   |   | ✓  |   |  |  |   |  |   |  |  |   |
| Battered veg fingers, with new potatoes and peas.          |  | ✓<br>WHEAT  |   |   |  |   |  |  |   |  |   |  |  |   |
| Mayo   |  |   |   | ✓   |  |   |  |  | ✓   |  |   |  |  |   |
| <b>Desserts</b>  |  |   |   |   |  |   |  |  |   |  |   |  |  |   |
| Cookies.   |  | ✓<br>WHEAT  |   | ✓   |  |   | ✓  |  |   |  |   |  | ✓  |   |
| Cola Cake.   |  | ✓<br>WHEAT  |   | ✓   |  |   | ✓  |  |   |  |   |  |  |   |
| Mini Muffin.   |  | ✓<br>WHEAT  |   | ✓   |  |   | ✓  |  |   |  |   |  |  |   |
| Mini Doughnuts.  |  | ✓   |   |   |  |   | ✓  |  |   |  |   |  |  |   |

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|----------------------|--|---|---|--|--|---|--|--|---|--|---|--|--|---|
|                      |  | WHEAT, OATS   |   |  |  |   |  |  |   |  |   |  |  |   |
| Rocky Road.          |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  |  |   |
| Chocolate Brownie.   |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  |  |   |
| Oat Biscuit.         |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  |  |   |
| Jam sponge.          |  |   |   | ✓  |  |   | ✓  |  |   |  |   |  |  |   |
| Waffle               |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  | ✓  |   |
| <b>Primary Snack</b> |  |   |   |  |  |   |  |  |   |  |   |  |  |   |
| Hash Brown Bites.    |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  |  |   |
| Cheese roll.         |  | ✓<br>WHEAT  |   |  |  |   | ✓  |  |   |  |   |  |  |   |
| Biscuit selection.   |  | ✓<br>WHEAT  |   |  |  |   | ✓  |  |   |  |   |  | ✓  |   |
| Waffle.              |  | ✓<br>WHEAT  |   | ✓  |  |   | ✓  |  |   |  |   |  | ✓  |   |
| Soreen Loaf.         |  | ✓<br>WHEAT  |   |  |  |   | ✓  |  |   |  |   |  | ✓  |   |